



Peru

CENTRAL & SOUTH AMERICA | Lima, Sacred Valley, Machu Picchu, Cusco

Season: 2022 Standard

 **8** DAYS

 **17** MEALS

 **14** SITES

Explore the ruins of the ancient Inca civilization to get a firsthand glimpse of their art, celebrations and traditions. See the glorious Machu Picchu, and be surrounded by natural beauty throughout a vibrant, festive Peru vacation.

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Trip Overview

 8 DAYS / 7 NIGHTS

 ACCOMMODATIONS

Westin Lima Hotel
Sol y Luna
Palacio del Inka Hotel Cusco –
Luxury Collection

 4 LOCATIONS

Lima, Sacred Valley, Machu
Picchu, Cusco

 AGES

Minimum Age: 6
Suggested Age: 8+
Adult Exclusive: Ages 18+

 FLIGHT INFORMATION

Arrive: Jorge Chavez
International Airport (LIM)
Return: Cusco International
Airport (CUZ)
1 Internal Flight Included

 17 MEALS

7 Breakfasts, 5 Lunches, 5
Dinners

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DAY
1

LIMA

Activities Highlights:

Arrive in Lima

 No Meals Included

 [Westin Lima Hotel](#)



Arrive at the Lima International Airport

Upon exiting customs, you will be met by an *Adventures by Disney* representative who will escort you to your transportation vehicle. Relax as the driver assists with your luggage and drives you to the Westin Lima Hotel



Westin Lima Hotel

Unwind while your Adventure Guides check you into your hotel located in Lima's vibrant financial and shopping district of San Isidro. The hotel is just minutes from a dazzling selection of restaurants, galleries and parks.



On Your Own Dinner and Evening

If your flight arrives early, take some time on your own to explore the diverse shops and restaurants in this lively neighborhood or enjoy the pool or spa at the hotel. You can also ask your Adventure Guide for dining and entertainment suggestions. See important details

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DAY
2

SACRED VALLEY

Activities Highlights:

Fly to Cusco, Weaving Demonstration at the Center for Traditional Textiles, *Pachamanca* - Welcome Dinner & Teatro Sol y Luna Performance

 Breakfast, Lunch and
Dinner Included

 [Sol y Luna](#)



Breakfast at the Hotel

Begin your day with a tasty breakfast and get ready for your trip to Cusco.



Fly to Cusco

After a short flight, arrive in Cusco in the Peruvian Andes with an elevation of 11,200 feet (3,413 meters). Known for its ancient ruins and Spanish colonial architecture, this city was once the capital of the Incan Empire and is a gateway to other Incan sites including the Sacred Valley of the Incas, which lies at the heart of this historic area.



Catered Lunch at the Center for Traditional Textiles of Cusco

Travel by motor coach to The Center for Traditional Textiles in Chinchero where you'll enjoy a delicious private lunch of traditional Peruvian dishes.



Weaving Demonstration at the Center for Traditional Textiles of Cusco

Explore this important center that preserves the age-old customs of local Andean communities. In a private demonstration, master weavers practice their intricate art as well as spin and dye alpaca wool. Fine textiles woven in the distinct patterns of different villages are available for purchase at the center's friendly shop.

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Arrive at Sol y Luna

This peaceful hotel is nestled in the Sacred Valley under the breathtakingly beautiful Andean mountains. Considered the heartland of the Incan Empire, the Sacred Valley is fertile farmland formed by the Urubamba River and spotted with old colonial villages and ancient Incan ruins. Relax in your comfortable *casita* or enjoy some time on your own in the hotel's pool or fully equipped spa. If you're feeling more energetic, take the afternoon on your own to utilize many of the Sol y Luna offerings, such as horseback riding and biking. See important details



Pachamanca – Welcome Dinner

In the evening, celebrate the beginning of your adventure with your fellow Adventurers. Savor a traditional Andean feast known as *Pachamanca*—and learn the history behind this event.



Teatro Sol y Luna Performance

Watch an incredible Teatro Sol y Luna performance featuring the authentic dances and stories of the Incas.

DAY
3

SACRED VALLEY

Activities Highlights:

Raft Trip Down the Urubamba River, Picnic Lunch at Sol Natura in Ollantaytambo



Breakfast, Lunch and
Dinner Included



[Sol y Luna](#)



Breakfast at the Hotel

Enjoy a hearty breakfast before you begin your day of adventure.



Raft Trip Down the Urubamba River

Enjoy the view and hold onto your hat as you raft down the Urubamba River (Class I -Class III rapids). The experienced guides explain the fascinating cultural and natural history as you glide along this scenic route.

See important details



Picnic Lunch at Sol Natura in Ollantaytambo

Relish a hearty picnic lunch at Sol Natura. Afterwards, explore Ollantaytambo's narrow cobblestone streets and the amazing Inca ruins on the hill above, at an elevation of 9,160 feet (2,791 meters). Hike up the ancient steps at a leisurely pace so you can observe the breathtaking surroundings and impressive architecture.



Ollantaytambo Town & Ruins Tour

Take a privately guided tour of the ruins of the royal estate, citadel and temple of the Incan Emperor Pachacuti—who conquered the region, razed the original town and built a

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new one using magnificent masonry, extensive terracing and irrigation systems. Discover the culture and vitality that has existed in the town of Ollantaytambo from the Incas through the Spanish conquest until the present.



On Your Own Afternoon at the Hotel

Return to the Sol y Luna and relax in the pool or spa.



Dinner at the Hotel

Adults enjoy a delicious dinner at the hotel restaurant with local Peruvian cuisine interpreted by a renowned chef.



Junior Adventurer's Dinner and Movie Night

Junior Adventurers can enjoy their own special dinner and Disney Movie Night.

DAY
4

SACRED VALLEY

Activities Highlights:

Explore the Moray Ruins, Tour the Salt Pans of Maras



Breakfast, Lunch and
Dinner Included



Sol y Luna



Breakfast at the Hotel

Start the day with a delicious breakfast before heading for Moray.



Moray Ruins

Visit the ruins of Moray and learn about its unique circular terraces and the history of agriculture in the region.



Salt Pans of Maras

Tour the fascinating salt pan terraces where local families have been mining salt for over 500 years.



Lunch at Sol y Luna

After a ride on the motor coach back to Sol y Luna, join fellow Adventurers for lunch at the hotel where you can compare notes on your day's adventures so far. Later, take advantage of the beautiful gardens outside and enjoy a leisurely stroll.



On Your Own at the Hotel, a Food Market or Seminario Ceramicas in Urubamba

Choose to spend a relaxing time at Sol y Luna in the pool or spa, hiking or horseback

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riding. Or choose instead to go shopping at a local food market or visit Urubamba and browse through a collection of ceramics done in “the Seminario Style,” developed by famous potters Pablo Seminario and Marilú Behar utilizing the aesthetics of Peru’s ancient cultures. See important details



Cocktails and Junior Adventurer Pizza-Making

Begin the evening with a Pisco Sour-tasting for adults and local fruit juices for Junior Adventurers. End the culinary evening by preparing your own pizza, rolling the dough, adding your favorite toppings and then eating your savory creation!



Peruvian Cooking Demonstration & Tasting for the Adults

Watch a demonstration of Peruvian cooking and taste some of the delicious local specialties.

DAY
5

SACRED VALLEY

Activities Highlights:

Train to Machu Picchu, Machu Picchu

 Breakfast, Lunch and
Dinner Included

 [Sol y Luna](#)



Breakfast at the Hotel

Enjoy breakfast at the hotel before boarding a train for an unforgettable journey to Machu Picchu.



Train to Machu Picchu

Enjoy the memorable and scenic train journey to Aguas Calientes, where from there, you will board a coach to Machu Picchu—"the lost city of the Incas" and one of the Seven New Wonders of the World.



Lunch at Sanctuary Lodge

As your motor coach climbs to the site of Machu Picchu—an elevation of 8,000 feet (2,438 meters) above sea level—marvel at the extraordinary sight of these magnificent structures surrounded by green peaks glazed by a soft mist. Upon arrival, join your fellow Adventurers for lunch at the eco-friendly Sanctuary Lodge, the only hotel located next to the ancient Incan site.



Machu Picchu

Spend the afternoon with a local expert exploring the fascinating ruins and stunning views prior to having time on your own. You may even see llamas peacefully grazing among the

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terraces. Remember that this amazing hike is at a high altitude and requires climbing and descending steep, uneven stairs. Take time to sit and marvel at the wonders around you.



Dinner at Sol y Luna

After a train ride and motor coach back to Sol y Luna, enjoy a leisurely dinner and share tales from the day with your fellow Adventurers.

DAY
6

CUSCO

Activities Highlights:

Pisac Market, Awana Kancha Camelids Center, Tour Cusco on Foot



Breakfast and Lunch

Included



[Palacio del Inka Hotel](#)

[Cusco – Luxury Collection](#)



Breakfast at the Hotel

Wake up to a delightful breakfast before beginning your trip to Cusco.



Pisac Market

On the way to Cusco, stop at the lively Pisac Market where you can shop for local crafts, silver jewelry and alpaca sweaters. Practice your bartering skills or simply enjoy browsing through the colorful stalls.



Awana Kancha Camelids Center

Along the way, visit the Awana Kancha Camelids Center and get up close and personal with llamas, alpacas and even the rare and precious vicuña. See how the soft wool from these South American "camels" is used to make beautiful woven textiles.



Lunch at a Local Peruvian Restaurant

Enjoy a delicious lunch at a favorite neighborhood Peruvian restaurant in Cusco.



Explore Cusco on Foot

Discover this charming town as you walk to the hotel. Take in the beauty of the carved

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Incan walls that often served as the foundations for Cusco's Spanish colonial buildings and squares such as Plaza de Armas. After you check into the hotel, stroll through the cobblestone streets of this colonial jewel and discover more treasures on your own.



Arrive at Palacio del Inka Hotel Cusco – Luxury Collection

Built in the cradle of the Incan Empire, this hotel was once a palatial, 16th-century estate and the summer home of the Spanish conquistador Francisco Pizarro, who conquered the Inca people and eventually all of Peru. It's surrounded by extraordinary historical sites that you'll soon encounter.



Dinner on Your Own

Enjoy dining in Cusco, where you can choose from a wide variety of restaurants offering traditional as well as international cuisine. Ask your Adventure Guide for dining recommendations.

DAY
7

CUSCO

Activities Highlights:

The Stones of Sacsayhuaman, Andean Music Experience, Dinner at La Casona de San Jeronimo



Breakfast and Dinner
Included



Palacio del Inka Hotel
Cusco – Luxury Collection



Breakfast at the Hotel

Wake up to a tasty breakfast and then begin your day of exploration.



The Stones of Sacsayhuaman

Explore Sacsayhuaman—the imposing Inca site where 200-ton stones were moved miles with no modern machinery. Enjoy a privately guided tour through the ruins and take photos of the panoramic views. A local expert is there to explain the history and answer your questions. Afterward, you may choose to join an Adventure Guide for a downhill walk back to town.



Andean Music Experience

Learn and play Andean drums and *queñas* (Andean flutes) along with other unique instruments such as the *zampona* (pan flute). Finally, you and your fellow Adventurers will play together like one of the local bands!



Lunch and Afternoon on Your Own

Choose a venue for lunch from a wide variety of restaurants offering traditional as well as international cuisine. Then, spend the afternoon on your own in Cusco, discovering its

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many charms. Your Adventure Guides can suggest activities to please your whole family.



Dinner at La Casona de San Jeronimo

Complete your Adventure with a visit to La Casona de San Jeronimo in Cusco. Explore the hotel's colonial architecture while you enjoy a Peruvian feast and an Andean parade.

DAY
8

CUSCO

Activities Highlights:

Transfer to Cusco International Airport

 Breakfast Included

 None



Breakfast at the Hotel

Enjoy breakfast at your leisure before your journey home.



Transfer to Cusco International Airport (CUZ)

Board pre-arranged transportation to Cusco International Airport (CUZ) and say *adiós* to Peru—until you return again!

IMPORTANT DETAILS

Day 1

Please note: Additional charges apply for the spa.

Days 2, 4

Please note: Additional charges apply. Horseback riding and other activities have limited availability and are booked on a first-come, first-served basis. These activities must be booked directly with the hotel. Please contact a *Vacationista* for more information.

Day 3

Please note: For rafting, you must be at least 7 years of age. Size restrictions apply. Wetsuits will be provided. Please contact a *Vacationista* for more information.



Book with us today!

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